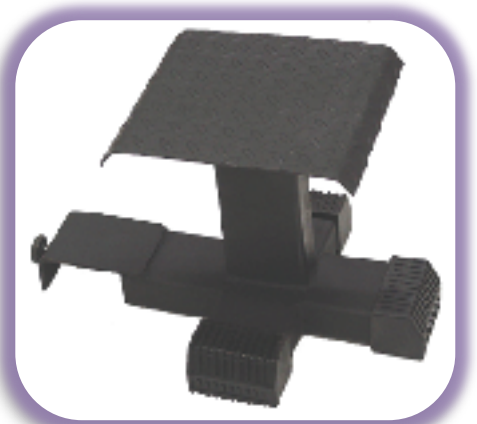


Glute & Ham String Machine



The Best to Develop Strong Glutes, Low Back, Ham String & Abs.

- Specially Designed Extra Wide Diamond Toe Plate for Foot Support
- Adjustable Horizontal & Vertical Slide
- Special Round Seats
- Front & Rear Hand Grips
- 2" x 4" Base for Stability
- 60"L x 36"W x 47"H
- Weight: 159 lbs



Special Step: 10" x 12" Diamond Plate